Kognity

Starting the School Year with Kognity

Topic:	1 Salud

Lesson:	Ready for Action Lesson Plan	Subject:	IBDP Spanish B

What can I use this lesson plan for?

This is a great lesson plan for introducing students to both the Spanish B curriculum and Kognity's platform features in the beginning of the school year. As the year progresses, you can use these activities with different sections of the Spanish B digital books.

Lesson Objectives:

Students will be able to apply Kognity's digital book features to classroom learning in IBDP Spanish B.

Time Allotment:

Recommended time is *one hour*, however the revision activities provide opportunities for extension.

Materials:

1.1.0 (Introducción), Kahoot, Jeopardy

Activities with Kognity

Hook

1. Tell a story to your students based on the theme of Topic 1, Salud. Examples can include personal experiences with the impact of study habits on your health, or different cultural perceptions of health, or ways you like to stay healthy.

2. Ask students to share any personal experiences with health, if they wish.

3. Emphasise that unlike content based subjects like science for example, language acquisition is skills based and students may not notice that they are acquiring new knowledge and depth in how they are able to apply and consolidate.

Introduction Activity

1. Following this discussion, introduce students to the three step learning process used by the Kognity digital textbook, showing the overview page. Explain that each section breaks down a skill into three manageable steps (warm-up, exercise, reflection). The aim of the textbook is to learn (and eventually revise) the process for each skill.

2. Continue the introduction of Kognity's Spanish B textbook by explaining that:

   - The content in each section of the book incorporates features such as **videos, external links, practice questions** and **activities** to enhance students' learning.

   - Students can be active readers by highlighting and taking notes in their Kognity **notebooks**

   - The **practice centre** has exam style questions, strengths tests and battles for all topics that allow students to check their knowledge and understanding of each topic. As they engage with the **strength test and battles**, their **strength bar** (on the overview page) will increase, allowing them to keep track of their strong content areas and areas they need to work on.

   - Teachers can assign readings and questions and can keep track of student progress

Group Activity

1. Ask students to get into groups of three.

2. In their groups, ask students to discuss the **Preguntas orientadoras** in section 1.1.0.
   A medida que vayas progresando en las distintas secciones, piensa en lo siguiente:

   - ¿Qué haces para mantenerte física y mentalmente sano?

   - ¿Crees que es importante seguir una dieta saludable para sentirte mejor?

   - ¿Puedes llevar un estilo de vida saludable y llevar al día las **exigencias** de los estudios del Bachillerato Internacional? ¿Por qué?¿Cómo lo haces?

   - ¿En qué medida influye tu cultura en tu propia definición de estilo de vida saludable?

   - ¿Piensas que la tecnología (teléfonos inteligentes, tabletas, **ordenadores portátiles**, etc.) tiene un efecto positivo o negativo en tu salud?

   - En relación con la autoestima, ¿crees que es importante valorarte para tu salud tanto mental como física?

3. When students have discussed the questions in their groups, have them discuss highlights with the class.

Independent Activity

1. Have students read section 1.1.0 and do the vocabulary activity

2. 2. When they are finished, review the answers to the activity as a class.

Revision Activities

At the end of section 1.1.0, you can do any of the following activities with your students:

- Have the class do the activity box in groups

- Have students read the El Pais article about the healthiest countries in the world.

- Have students write about or discuss the Objetivos, including how to make space for self-care during the pandemic.

- Have students take the 1.1 strengths test in the practice centre, or engage with a classmate or the kogbot in a strengths battle (this covers all of topic 1)

- Create a Kahoot or Jeopardy for review.

- Create a question or reading assignment on any topic or subtopic. Then, have students head over to the Assignments tab to identify how assignments are presented to them.